

SPENCER CITY STAR SEPTEMBER 2022

Vision Statement: "The Good Neighbor City" where the quality of life is available to all!

Mission Statement: To promote the existing peaceful atmosphere while providing quality services to our community through public awareness, public safety, communication, and beautification, utilizing economic development to enhance a positive future.



SENIOR CENTER BOARD

We are looking for volunteers to serve on this community board! All interested parties, please email Ms. Jackson directly at

shamia.jackson@cityofspencerok.gov

SPENCER'S FARMERS MARKET!

If you sell fresh produce and are interested in being a vendor at the city's farmers market, please contact

kellie.peacock@cityofspencerok.gov

DOG TAGS FOR SALE



Come up to City Hall to buy yours today! Pet tags cost \$5 with proof of shot records or \$10 without. Help keep your pet and community safe!

The **Spencer Chamber of Commerce** donated student supplies to Spencer Elementary on August 17th. Included were folders, pencils, pencil sharpeners, glue sticks, and tissues. In attendance were chamber President Kenneth Smith, Vice President Daeshon Bufford, Jim Scanlan, and Cindy Van Kley.

The chamber is also donating two bicycles, helmets, and locks for the "bring up grades" program that has seen much success over the years. The bicycles and accessories will be awarded before Christmas break to the boy and girl third graders who have shown the most improvement in their grade averages. Thank you to Principal Stacy Ruben-Storey and staff for helping with these efforts.

The previous week, the chamber delivered cookies for the staff at Star Spencer high school to ease the start of the new school year.



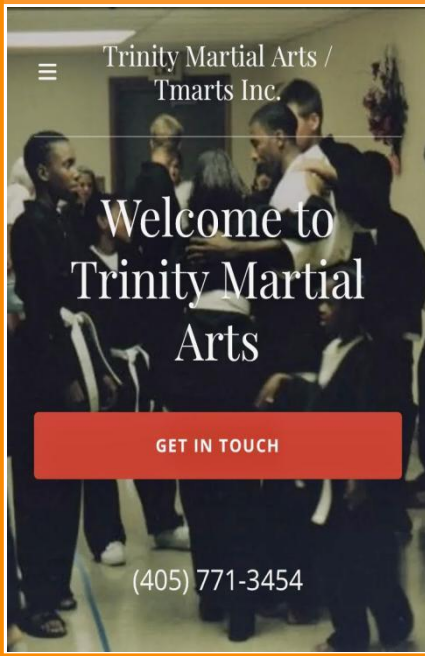
AUTO DRAFT IS AVAILABLE



PAYMENTS ARE AUTOMATICALLY DEDUCTED ON THE 10TH OF EVERY MONTH.

Visit our website www.cityofspencerok.gov (under the Departments tab-City Hall) or call 405-771-3226 (option 3) for further assistance.

HEALTH & WELLNESS SERVICES



Welcome to
Trinity Martial
Arts

GET IN TOUCH

(405) 771-3454



You can easily manage your account, communicate with us, and purchase services or products from any device with the member app. For further information, scan the QR codes above on a mobile device and use code **TMA..** Also, visit trinitymartial-arts.com, www.facebook.com/Trinity.Martial.Arts/, or call 405-771-3454 to see what programs are available.

PREVENTION POLLUTION TIPS

Living in Town

A watershed is an area of land drained by a waterbody like a stream, river, or lake. The water in the waterbody is directly affected by what happens on the land in the watershed. You are always in a watershed, so what you do on the land affects a waterbody near you, even if it is not visible from where you are.

Unsustainable land uses can pollute a stream, leaving it shallow, hot, full of sediment and algae, and with eroding banks. A degraded stream can increase the cost of producing drinking water, cannot be a good home to fish, and unstable banks can make the stream a hazard. One landowner's actions can cause problems for both upstream and downstream neighbors. It is in your power to positively impact the waterbodies near you.

According to conservationist Kristine Tompkins, "You can't protect a place unless you understand it. You can't know a place unless you love it." Take young people to a stream and allow them to explore and play. Understanding, knowing, and loving a place requires repeated outdoor experiences. Establishing a connection with nature is critical to its long-term protection.



Become a Blue Thumb Volunteer!
Adopt a stream near you!

To find out more about upcoming trainings:
www.bluethumbok.com



email: bluethumb@conservation.ok.gov

Blue Thumb Office
2800 N. Lincoln Blvd, Suite 200
Oklahoma City, OK 73105



Water YOU DRINKING?

GO WITH HEALTHY, HYDRATING H2O!

INFUSED WATER

There are lots of ways to liven up your water! Add fresh or frozen fruits, herbs or even just some crushed ice. Or, make a splash with mouthwatering water recipes like Blueberry Orange Water, Strawberry Basil Water or Apple Cinnamon Water. Find the recipes at ShapeYourFutureOK.com!

HOW MUCH WATER do you NEED?

Water intake recommendations vary with age and gender, as well as other factors like health and activity levels. Visit ShapeYourFutureOK.com to see how much water you should be drinking each day! When you reach for a drink, water is always the healthy choice.

Nutrition Facts

Serving Size: 1 tall glass

Packets of Sugar **0**

0 Total Sugar (grams)

- Helps you maintain a healthy weight
- Helps with digestion
- Keeps you hydrated
- Prevents headaches and fatigue
- Improves concentration
- Helps joint and kidney health
- Helps boost energy levels
- Helps uplift moods

Not only is water the best way to quench your thirst, it has zero sugar, helping you maintain a healthy weight! You can make it an easier option at home by placing ready-to-go containers of cold water in the fridge.

RETHINK *just* DRINK

ShapeYourFutureOK.com



Student/Parent Calendar

Calendario para estudiantes y padres

Important Dates

Fechas importantes

July 2022						
M	Tu	W	Th	F	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023

M	Tu	W	Th	F	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Classes Begin - August 11

Comienzo de Clases - 11 de agosto

Last Day of Classes - May 23

Último día de Escuela - 23 de mayo

Progress Report Week - To Be Determined

Semana de Reporte de Progreso - Será determinado

Open House - To Be Determined

Día de puertas abiertas - Será determinado

Beginning of Quarter inicio del trimestre

End of Quarter final del trimestre

Professional Development (No School)

Desarrollo Profesional (No hay clases)

Teacher Work Day (No School)

Día de trabajo para los maestros (No hay clases)

Parent Conferences - September 13 & 15 (No School)

September 16 & February 14 & 16 (No School)

February 17

Conferencia de padres - 13 y 15 de septiembre (No hay clases)

16 de septiembre y 14 y 16 de febrero (Día hay clases 17 de febrero)

Breaks/Intersessions grey

Shading Vacaciones/Descansos Entre Sesiones

(sombreado gris)

Labor Day - September 5

Día del Trabajador - 5 de septiembre

Fall Break - October 10 - 14

Vacaciones de Otoño - 10 - 14 de octubre

Thanksgiving Break - November 21 - 25

Día de Acción de Gracias - 21 - 25 de noviembre

Winter Break - December 19 - January 3

Vacaciones de Invierno - 19 de diciembre - 3 de enero

Martin Luther King Jr. Day - January 16

Día de Martin Luther King Jr. - 16 de enero

Spring Break - March 13 - 17

Vacaciones de Primavera - 13 - 17 de marzo

Instructional Make-up Day (if needed) - April 7

Día de recuperación de instrucción (de ser necesario) - 7 de abril

Record Day - May 24

Día de Registros y Calificaciones - 24 de mayo

Memorial Day - May 29

Día de los héroes caídos - 29 de mayo

Testing Dates Exámenes Estatales

State Testing occurs in April. Specific dates are to be determined by the Oklahoma State Department of Education.

Los exámenes estatales ocurren en abril - los fechas específicas serán determinadas por el Departamento de Educación del Estado de Oklahoma.

Administration Building Closings

Días de Cierre para las Oficinas Administrativas

Independence Day - July 4

Día de la Independencia - 4 de julio

Labor Day - September 5

Día del Trabajador - 5 de septiembre

Thanksgiving Break - November 24 - 25

Día de Acción de Gracias - 24 - 25 de noviembre

Winter Break - December 23 - January 2

Vacaciones de Invierno - 23 de diciembre - 2 de enero

Martin Luther King Jr. Day - January 16

Día de Martin Luther King Jr. - 16 de enero

Spring Break - March 13 - 17

Vacaciones de Primavera - 13 - 17 de marzo

Memorial Day - May 29

Día de la abolición de la esclavitud - 19 de junio

August 2022

M	Tu	W	Th	F	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
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September 2022

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October 2022

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16	17	18	19	20	21	22
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November 2022

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30						

December 2022

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January 2023

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City of Spencer

PO Box 660
8200 NE 36th Street
Spencer, Oklahoma 73084
Phone: 405-771-3226

Fax: 405-771-3228
Monday - Friday
8:00 AM - 12:00 PM
1:00 PM - 5:00 PM



Visit us at
www.cityofspencerok.gov
for forms, information, events
and city news