

SPENCER CITY STAR OCTOBER 2022

Vision Statement: "The Good Neighbor City" where the quality of life is available to all!

Mission Statement: To promote the existing peaceful atmosphere while providing quality services to our community through public awareness, public safety, communication, and beautification, utilizing economic development to enhance a positive future.

CITY OF SPENCER

FOOD TRUCK

OCT 14 2022

COME JOIN US FOR A COMMUNITY NIGHT OUT!

FROM 5:30-10 PM

SENIOR CENTER PARKING LOT
8306 NE 36TH STREET, SPENCER, OK 73084

FOR MORE INFORMATION, PLEASE VISIT www.facebook.com/Spencer.ACityFocusedonGrowth



The **Commodity Supplemental Food Program (CSFP)** is a federal program that helps improve the health of low-income seniors by supplementing their diets with nutritious USDA commodity food. Once a month, qualifying participants receive a 30-pound box of shelf-stable food and USDA cheese.

To qualify, individuals must be at least 60 years of age, provide identification, be an Oklahoma resident within the Spencer area and have a household income that does not exceed 130% of the Federal Poverty Income Guidelines.

Sign up for the program at the **Spencer Senior Center**, 8306 McCoy Drive, on the following dates:

Thursday, Oct. 6
10 a.m. to noon and 5 to 7 p.m.

Friday, Oct. 7
10 a.m. to noon

For additional information, contact Cecilia Taft at 405-771-3226.

THE SPENCER SENIOR CENTER

CITY OF SPENCER OKLAHOMA

TUESDAY & FRIDAY
7:30 a.m. - 10:00 a.m.
8306 NE 36th, Spencer, OK

The Spencer Senior Center will be open every Tuesday and Friday from 7:30 a.m. to 10:00 a.m. Come relax, hang out, and visit with others around the community while enjoying coffee, cards, games, and other engaging social activities.

SENIOR CENTER EVENT

COFFEE, CARDS & COMMUNITY CONVERSATION

HOPE TO SEE YOU THERE!!

Rethink Your DRINK CHALLENGE 2022

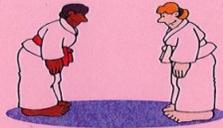


Congratulations to the Spencer PD for making healthy decisions count!

Our winner to the 'Rethink Your Drink Challenge' is the Police Department with 9,608 ounces of water drank throughout the month of September! The total between all city employees was 22,275 oz!

HEALTH & WELLNESS SERVICES

SCAN FOR CAMP DETAILS



Apple



Fall Break Karate Camp

AGES 5—12

All Day October 10—15
9am—5pm

ENROLL NOW
Space Limited

Download School App
here

Enter the code TMA
For Early Bird Special



Android

TRINITY MARTIAL ARTS

3802 N. Spencer Rd.
405-771-3454
Darrell Gilbert



For further information, scan the QR codes above! Make sure to enter code **TMA** to get to the Trinity Martial Arts app, as this will give you access to all the upcoming events going on at the school.

Also, visit trinitymartial-arts.com,

www.facebook.com/Trinity.Marital.Arts/, or call 405-771-3454



HEALTH & WELLNESS SERVICES



\$50 GIFT CARD

To those who have recently gotten or will get their 1st or 2nd COVID shot.

If you or anyone you know has received the 1st or 2nd COVID vaccine recently, they qualify for a \$50 gift card



ALL IN Contact the Urban League for more information.
(405) 245-0777

The Urban League of Greater Oklahoma City is partnering with Health Resources & Services Administration (HRSA) to provide vaccinations to the community to help promote health and safety services. If you or anyone you know have received their 1st or 2nd COVID vaccine shot recently, they qualify for a \$50 gift card. Need your 1st, 2nd or Booster shot? Contact us at (405) 245-0777 for more information.

Westminster Family Drug Flu Shot Clinic

October 13th, 2022 from 4:00PM – 8:00PM at the
Spencer Senior Center (8306 Mccoy Dr, Spencer, OK)



Get Your Flu Shot
Protect yourself.

Also available High Dose Quadrivalent Flu shot, Pneumonia, Shingles, Whooping Cough/ Tetanus, and Covid Vaccines (Moderna, Janssen).

Please Bring your ID and Insurance cards

For questions, call 405-769-8585

BIG TRASH PICKUP

NEXT Collection Date
OCTOBER 31ST

CITY HALL IS OPEN

Monday-Friday
8AM - 5PM

City of Spencer

PO Box 660
8200 NE 36th Street
Spencer, Oklahoma 73084
Phone: 405-771-3226

Fax: 405-771-3228
Monday – Friday
8:00 AM – 5:00 PM



Visit us at
www.cityofspencerok.gov
for forms, information, events
and city news